## **Start Presentation**

#### Luke 22:54-57

54 Having arrested Him, they led Him and brought Him into the high priest's house. But Peter followed at a distance.

55 Now when they had kindled a fire in the midst of the courtyard and sat down together, Peter sat among them.

56 And a certain servant girl, seeing him as he sat by the fire, looked intently at him and said, "This man was also with Him."

57 But he denied Him, saying, "Woman, I do not know Him."

#### Luke 22:58-60

58 And after a little while another saw him and said, "You also are of them."

But Peter said, "Man, I am not!"

59 Then after about an hour had passed, another confidently affirmed, saying, "Surely this fellow also was with Him, for he is a Galilean."

60 But Peter said, "Man, I do not know what you are saying!"

#### Luke 22:60-62

60 Immediately, while he was still speaking, the rooster crowed.

61 And the Lord turned and looked at Peter. Then Peter remembered the word of the Lord, how He had said to him, "Before the rooster crows, you will deny Me three times."

62 So Peter went out and wept bitterly.

# How To Forgive Yourself

# Rest

#### Matthew 11:28-30

28 Come to Me, all you who labor and are heavy laden, and I will give you rest.

29 Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls.

30 For My yoke is easy and My burden is light."

#### **Hebrews 4:15-16**

15 For we do not have a High Priest who cannot sympathize with our weaknesses, but was in all points tempted as we are, yet without sin.

16 Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need.

#### **Hebrews 9:13-15**

13 For if the blood of bulls and goats and the ashes of a heifer, sprinkling the unclean, sanctifies for the purifying of the flesh,

14 how much more shall the blood of Christ, who through the eternal Spirit offered Himself without spot to God, cleanse your conscience from dead works to serve the living God?

15 And for this reason He is the Mediator of the new covenant, by means of death, for the redemption of the transgressions under the first covenant, that those who are called may receive the promise of the eternal inheritance.

#### 1 John 1:6-9, 2:1

- 6 If we say that we have fellowship with Him, and walk in darkness, we lie and do not practice the truth.
- 7 But if we walk in the light as He is in the light, we have fellowship with one another, and the blood of Jesus Christ His Son cleanses us from all sin.

8 If we say that we have no sin, we deceive ourselves, and the truth is not in us. 9 If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.

1 My little children, these things I write to you, so that you may not sin. And if anyone sins, we have an Advocate with the Father, Jesus Christ the righteous.

# Restoration

#### Luke 22:31-34

31 And the Lord said, "Simon, Simon! Indeed, Satan has asked for you, that he may sift you as wheat.

32 But I have prayed for you, that your faith should not fail; and when you have returned to Me, strengthen your brethren."

33 But he said to Him, "Lord, I am ready to go with You, both to prison and to death."

34 Then He said, "I tell you, Peter, the rooster shall not crow this day before you will deny three times that you know Me."

#### John 18:17-18

17 Then the servant girl who kept the door said to Peter, "You are not also one of this Man's disciples, are you?"

He said, "I am not."

18 Now the servants and officers who had made a fire of coals stood there, for it was cold, and they warmed themselves. And Peter stood with them and warmed himself.

#### John 21:9-13

9 Then, as soon as they had come to land, they saw a fire of coals there, and fish laid on it, and bread. 10 Jesus said to them, "Bring some of the fish which you have just caught."

11 Simon Peter went up and dragged the net to land, full of large fish, one hundred and fifty-three; and although there were so many, the net was not broken. 12 Jesus said to them, "Come and eat breakfast." Yet none of the disciples dared ask Him, "Who are You?" — knowing that it was the Lord.

#### John 21:15-16

15 So when they had eaten breakfast, Jesus said to Simon Peter, "Simon, son of Jonah, do you love Me more than these?"

He said to Him, "Yes, Lord; You know that I love You."
He said to him, "Feed My lambs."

16 He said to him again a second time, "Simon, son of Jonah, do you love Me?"

He said to Him, "Yes, Lord; You know that I love You."
He said to him, "Tend My sheep."

#### John 21:17-19

17 He said to him the third time, "Simon, son of Jonah, do you love Me?" Peter was grieved because He said to him the third time, "Do you love Me?"

And he said to Him, "Lord, You know all things; You know that I love You." Jesus said to him, "Feed My sheep.

18 Most assuredly, I say to you, when you were younger, you girded yourself and walked where you wished; but when you are old, you will stretch out your hands, and another will gird you and carry you where you do not wish."

19 This He spoke, signifying by what death he would glorify God. And when He had spoken this, He said to him, "Follow Me."

#### Romans 8:31-34

31 What then shall we say to these things? If God is for us, who can be against us?

32 He who did not spare His own Son, but delivered Him up for us all, how shall He not with Him also freely give us all things?

33 Who shall bring a charge against God's elect? It is God who justifies.

34 Who is he who condemns? It is Christ who died, and furthermore is also risen, who is even at the right hand of God, who also makes intercession for us.

#### Romans 8:35, 38-39

35 Who shall separate us from the love of Christ? Shall tribulation, or distress, or persecution, or famine, or nakedness, or peril, or sword?

38 For I am persuaded that neither death nor life, nor angels nor principalities nor powers, nor things present nor things to come,

39 nor height nor depth, nor any other created thing, shall be able to separate us from the love of God which is in Christ Jesus our Lord.

### The Rest of Your Life

#### Philippians 3:12-14

12 Not that I have already attained, or am already perfected; but I press on, that I may lay hold of that for which Christ Jesus has also laid hold of me.

13 Brethren, I do not count myself to have apprehended; but one thing I do, forgetting those things which are behind and reaching forward to those things which are ahead,

14 I press toward the goal for the prize of the upward call of God in Christ Jesus.

#### 1 Peter 5:8-10

8 Be sober, be vigilant; because your adversary the devil walks about like a roaring lion, seeking whom he may devour.

9 Resist him, steadfast in the faith, knowing that the same sufferings are experienced by your brotherhood in the world.

10 But may the God of all grace, who called us to His eternal glory by Christ Jesus, after you have suffered a while, perfect, establish, strengthen, and settle you.

**Psalms 23:1-3** 

23 The Lord is my shepherd; I shall not want.

2 He makes me to lie down in green pastures; He leads me beside the still waters.

3 He restores my soul;
He leads me in the paths of righteousness
For His name's sake.

#### **Psalms 23:4-6**

4 Yea, though I walk through the valley of the shadow of death,

I will fear no evil; For You are with me; Your rod and Your staff, they comfort me.

5 You prepare a table before me in the presence of my enemies;

You anoint my head with oil; My cup runs over.

6 Surely goodness and mercy shall follow me
All the days of my life;
And I will dwell in the house of the Lord forever.

#### Psalms 91:14-16

14 "Because he has set his love upon Me, therefore I will deliver him;

I will set him on high, because he has known My name.

15 He shall call upon Me, and I will answer him;
I will be with him in trouble;
I will deliver him and honor him.

16 With long life I will satisfy him, And show him My salvation."

### How To Forgive Yourself

- > Rest
  - Rest In His Mercy & Grace
- Restoration
  - Restored To Your God Given Purpose
- The Rest of Your Life
  - Healed From "Replaying" the Past

# The End